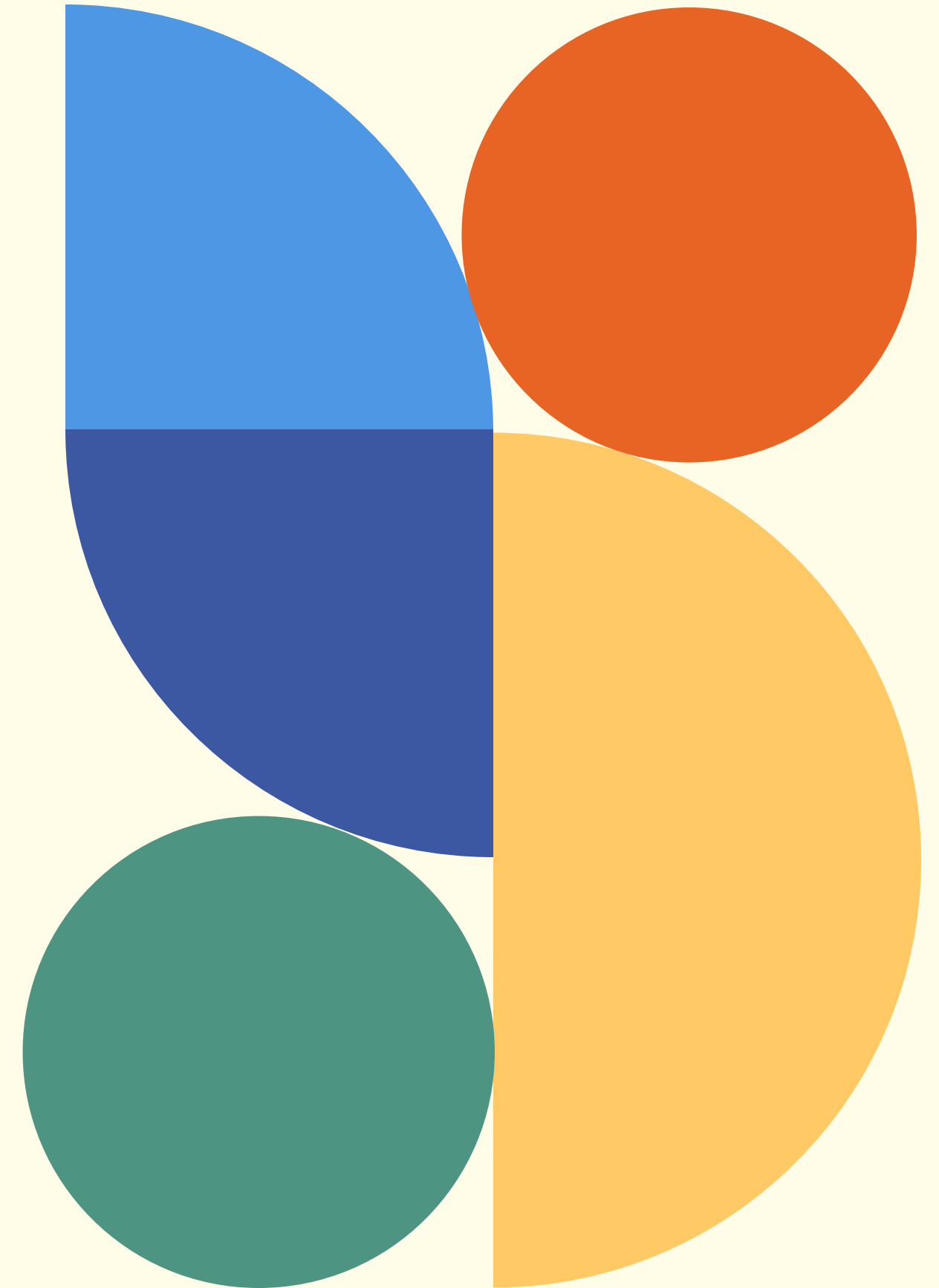




LMSA+ presents:

Path to Medical School

Sophia
Galleguillos
LMSA+ Mentorship Chair



General overview

01

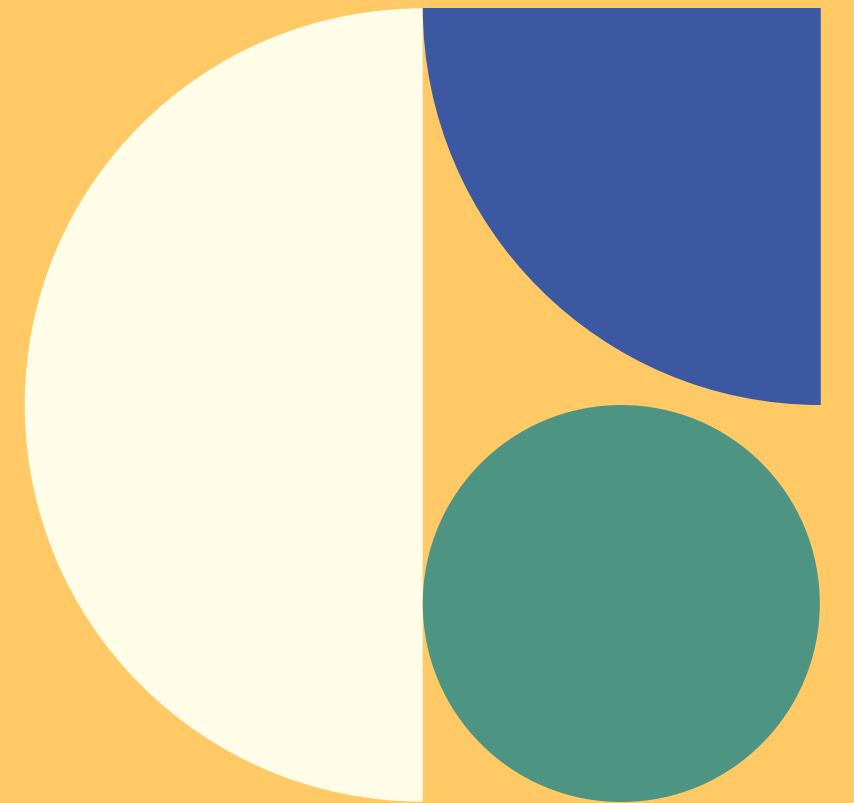
6 Pillars of a good
application for
Medical School

02

General process
of applying to
Medical School

03

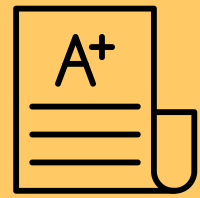
Medical Students
perspective



Questions will
be answered
towards the
end of the
presentation!



The 6 Pillars for Medical School



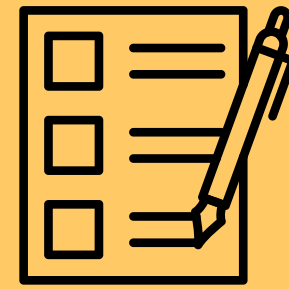
Grades/GPA



Extracurriculars



Letters of
Recommendation



MCAT



Personal
Statement



Interviews



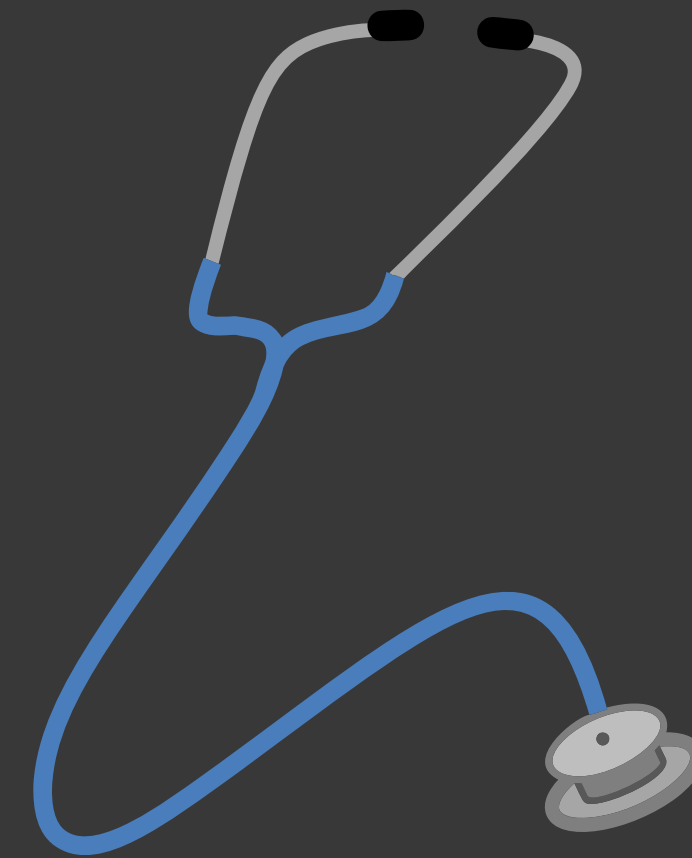
Grades/GPA

- Certainly not everything, but still an important component
- Academics should come first!
- Post Baccalaureate programs



Extracurriculars

- Works and Activities section on AMCAS (American Medical College Application Service)
- Will be asked to explain the most meaningful activity in detail
- Types of extracurriculars: Clinical Experience, Shadowing, Research, Volunteering, Etc.
- Quality over quantity!



Letters Of Recommendation

- Letters from Professors, Mentors, and those that can speak on your work/academics
- Try to make those close connections now!
- Minimum of three letters of recommendation
- 2 letters from science professors and 1 letter from non - science



MCAT

- Standardized testing that is required for many applications
- Scores range from 472 to 528, midpoint being 500
- Used to give a more generalized look at applicants performance
- MCAT scores should be no older than three years



Personal Statement

- The essay portion where you will speak on yourself and your desire to go into medicine
- Can include personal experiences that have shaped you
- Look at examples to help you once the time comes!



Interviews

- Conducted by the Medical Schools that are interested in you
- Multiple different types: Traditional, Multiple Mini Interview (MMI), Modified Personal Interview (MPI), Hybrid
- Utilize mock interviews when available



Alexander Flores from California University of Science and Medicine



"Proud Mexican-American who grew up in Montebello, CA. Attended Boston College for undergraduate where I majored in Psychology B.S. Completed a post baccalaureate at Charles R. Drew University. Aspiring pediatric physician who hopes to practice in underserved populations in the future while engaging in health advocacy and activism"

Process of getting into medical school



What activities/extracurriculars did you in undergrad that you felt helped you succeed?



How was your premed journey unique from other applicants?



How did you prepare for the MCAT?



How did the interview processes for you go?



Were there any unexpected hurdles you had to go through before getting into medical school?

Current years in medical school



What has kept you motivated during your time in medical school?



What has been your hardest moment in medical school?
What has been your best/most exciting moment?



Is there anything that has surprised you about medical school?

Reflection and new perspective

Any advice for our undergraduate students or something you wished you had done to prepare for medical school?

Sources used

<https://www.acceptmed.com/blog/the-6-pillars-of-an-excellent-medical-school-application>

<https://students-residents.aamc.org/how-apply-medical-school-amcas/how-apply-medical-school-amcas>

<https://www.aamc.org/services/admissions-lifecycle/competencies-entering-medical-students>

<https://ingeniusprep.com/blog/types-of-medical-school-interviews/>

Q and A portion

Any questions?
Thank you for coming!

